

Sleeve Gastrectomy

This is another weight loss procedure performed by our weight loss surgeons at Bondi Junction.

What is a Sleeve Gastrectomy?

This is a relatively new approach, where the outer part of the stomach is removed, turning the upper part into a tube like section. As only a small portion is left at the base of the stomach, eating capacity and food absorption is limited.

The residual stomach capacity is about 200mls so a generous entrée should be possible.

Who it is recommended for?

Sometimes it is offered to patients as part of a two stage Bypass operation particularly if they are super obese (BMI>60) because it allows good weight loss until the patient gets down to a safe weight and the more radical bypass can then be offered laparoscopically when they are at a safer weight.

It might also be a good option if patients have a problem with their lap band requiring revision, have already lost a lot of weight and don't want a full bypass.

Is it permanent?

This procedure is not reversible and is sometimes used as the first stage prior to a Laparoscopic Gastric Bypass.

Weight loss outcome?

The weight loss seems to be a little better and more rapid than the lap band (60-70% EWL) over two years but it is not adjustable.