

ASSOCIATE PROFESSOR MARTIN WELTMAN

Sydney University (Western Clinical School)
MBBCh PhD FRACP FACHAM
Gastroenterologist & Hepatologist

Suite 704/3 Waverley Street
BONDI JUNCTION NSW 2022
☎ 8305 0000
Fax: 8305 0001

Suite 7C/66 High Street
RANDWICK NSW 2031
☎ 9398 0200

Time: The Day Surgery will contact you the day before your procedure to advise admission time

Place: **Double Bay Day Hospital**
Level 2, 451 New South Head Road
Double Bay NSW 2028
☎ 9096 3100 Fax : 9096 3130
Email: admin@dbdh.com.au

COLONOSCOPY PREPARATION INSTRUCTION

- On the **DAY PRIOR** to your procedure you will need to go on a **CLEAR LIQUID DIET** e.g. black coffee/teas, clear soups, water, apple juice, mineral waters, jelly, etc but nothing darker than orange in colour. **DO NOT HAVE** any solids, such as milk, thick soups, orange juice or any food that is dark in colour: Red/Blue, etc.
- You will need to take a bowel preparation called **Picoprep 3 - Sachets** (obtainable from a chemist, without a prescription) at **12pm, 2pm and 4pm (or the latest at 2pm, 4pm and 6pm).**
- **You may drink Clear Fluids up until midnight** thereafter you will need to FAST. **NOTHING TO EAT OR DRINK** until after your Procedure.

GASTROSCOPY / SMALL BOWEL BIOPSY Preparation

Please **FAST from midnight**

NOTHING TO EAT OR DRINK until after your Procedure.

YOU WILL NOT HAVE A CONFIRMED THEATRE BOOKING WITH THE DAY SURGERY UNTIL THE PRE-ADMISSION FORM IS RECEIVED – AT LEAST 1 WEEK PRIOR

Please stop any Warfarin 4 days prior to your procedure, Aspirin, Nurofen, Plavix, Cartia, Astrix & fish oil tablets ONE week prior to your Procedure, and Apixaban, Eliquis, Pradaxa & Xarelto are to be ceased TWO days prior to your Procedure, AFTER consulting with Professor Weltman or your Prescribing Doctor. If you have any pain you can still take Panadol.

Please do not eat, drink or smoke on the morning of your Procedure

- ☞ **Please Note: Your procedure will NOT be covered by MEDICARE or your HEALTH FUND unless a valid GP letter of referral is received by our rooms PRIOR to booking your procedure.**
- ☞ If you are a member of a private health fund our account will be submitted directly to your health fund, (unless your fund does not offer a No Gap Cover Scheme), **the anaesthetist is NOT a no gap Dr so please call for a quote 9389 6600.** There will be no extra payment required on Dr Weltman's account as we subscribe to the Health Funds No Gap Cover Scheme. However, if you have not been in the fund for long enough, you will be liable for the difference between the Medicare rate and our fee.
- † † There are 4 parties involved with your procedure. Dr Weltman, the Anaesthetist, the Pathologist and the Day Surgery. If you are not in a health fund, Dr Weltman's account is payable **one week** prior to your procedure (**CREDIT CARD DETAILS TO BE GIVEN AT THE TIME OF BOOKING**).

If you are **NOT IN A HEALTH FUND**, there is a Facility Fee **Payable on the Day** to Double Bay Day Hospital for the use of their day surgery's theatre and disposables etc. **PLEASE REFER TO THE ATTACHED 'SELF FUNDED FEE SHEET' FOR THE FACILITY FEES THAT ARE APPLICABLE TO YOU FOR YOUR PROCEDURE/S AND THAT ARE PAYABLE ON THE DAY DIRECT TO THE DAY SURGERY.** Please call Kim 8305 0000 if you have any questions.

CANCELLATION FEE: Once a Procedure Appointment has been made, a **CANCELLATION FEE OF \$100** Applies if this Procedure is **MOVED OR CANCELLED WITHIN 72 HOURS** of your Procedure Date. This is Non-Refundable. Any changes must be discussed **DIRECT** via Phone with Rooms – **DO NOT LEAVE VOICEMAIL MSGS OR EMAIL ANY CHANGES AND/OR CANCELLATIONS**